



**"Speak up for those who cannot speak for themselves..."**  
Proverbs 31:8

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# SpeakingOut News

January - February 2011

*SpeakingOut*

**against Child Sexual Abuse, Inc.**

*[A 501(c)(3) Non-Profit Organization]*

## **Child Sexual Abuse Awareness & Prevention**

**We also Touch on Healing!**

### **SpeakingOut on Behalf Of**

All Children who have ever been (Child & Adult Survivors),  
are being or will be sexually abused.

### **Primary Purpose**

Raise Awareness on Child Sexual Abuse in an effort to  
Aid in the Prevention of this Horrific Crime

### **Vision**

Raise Awareness all Across America

### **Primary Focus**

On the Home (Parents & Grandparents)  
"Child Safety begins at Home"

### **Other Focal Points**

Churches, Daycares/Caregivers, Schools  
& Anyone who works with/around Children

### **Available For**

Speaking Engagements  
Awareness/Prevention Workshops called "A Safe Place"  
Information Table Set Up

### **Presented From**

Parent's Perspective and in some areas, a Survivor's Perspective

## **2011 - A New Year!**

A New Year to make a difference in the lives of children... Child Sexual Abuse Awareness & Prevention! 2011 is also an opportunity to make a difference in the lives of Adult Survivors of Childhood Sexual Abuse. We are very excited to continue on with our Mission! Susan Suafoa-Dinino (President/Founder)

## **Featured Corporate Sponsors of the Month!**

**Sonic**

608 Oak Ridge Turnpike  
Oak Ridge, TN 37830

**FAIRFIELD**  
*Service group*

## Our Sincere Appreciation

We would like to thank each & every person, group, agency & company who provided any type of support to our cause in 2010, as well as prior years. We could not have accomplished all that we have for the sake of children since March 2008 without your support.

Whether you've contributed your time, money, resources, etc...,  
know how much we appreciate you!

**Board Members & Other Volunteers**

**Corporate Sponsors**

**Individual Donors**

**SpeakingOut News Sponsors**

**Fundraising Partners**

**Event Sponsors**

*Use of Facility*

Thank you Pastor Robert Bowman of Central Baptist Bearden for allowing the use of the Middlebrook Christian Ministries facility for our monthly Board Meetings! We appreciate everything you do for SpeakingOut!

*Office Space*

A Special Thanks to Marie Bouchard of Oak Ridge, TN for providing Office Space for SpeakingOut during 2010.

Marie is a dear friend & the Author of "Walk With the Shadow" as shown on page 7 of this newsletter!

Susan Suafoa-Dinino, President/Founder

**And the List goes on...**

**On Behalf of all of us at SpeakingOut, THANK YOU!**

# Make a Difference in 2011

Child Sexual Abuse Awareness & Prevention is imperative for the safety of children of all ages all across America. Every time any Adult (Parent, Grandparent, Teacher, Caregiver, Healthcare Professional etc...) gets educated on this topic, they have the opportunity to walk away with knowledge, confidence & the tools needed to join in the fight against Child Sexual Abuse. Parents and Children alike need to know the dangers out there. Unfortunately, we do not live in a society where we can just ignore this crime.



It is estimated that...

***1 in 5 Boys & 1 in 3 Girls***



***will be sexually violated in some way by the time they turn 18 years old.***

**The Sexual Abuse of a Child, regardless of their age, is the  
*Ultimate Violation & Betrayal of a Child***

**It is also a Crime!**

***Each & Every Child Matters;  
worth our Time, our Efforts & even our Money***

**As a Non-Profit Organization, we rely on Caring People Like You to work toward our Mission;  
Your Charitable Contributions allow us to continue to move forward in the fight against this crime.**

**We Need Your Support in 2011.**

***Regardless of whether you can commit to \$2 a month, \$5 a month, \$10 a month or more...***

***Every dollar YOU contribute helps us continue working toward our Mission.***

***There is no \$\$\$ amount too large or too small.***

**MAKE YOUR 2011 PLEDGE TODAY!**

**(See Next Page for 2011 Pledge Form)**

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***TOGETHER...***

***We Can Continue to Make A Difference in the Lives of Children,  
as well as in the lives of Adult Survivors of Childhood Sexual Abuse!***

# 2011 SpeakingOut Pledge Form

## 2011 SpeakingOut Pledge Form

**Yes!** I would like to join in the fight against Child Sexual Abuse in America... Stop Child Sexual Abuse!

Name \_\_\_\_\_

Company \_\_\_\_\_  
(if applicable)

Address \_\_\_\_\_

City/State \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

### My 2011 Monthly Pledge of:

\_\_\_\_\_ \$2

\_\_\_\_\_ \$5

\_\_\_\_\_ \$10

\_\_\_\_\_ \$20

\_\_\_\_\_ \$\_\_\_\_\_ (Enter Amount)

### My 2011 One-Time Donation of:

\_\_\_\_\_ \$\_\_\_\_\_ (Enter Amount)

\_\_\_\_\_ \$20

\_\_\_\_\_ \$50

\_\_\_\_\_ \$100

\_\_\_\_\_ \$500

**Simply fill out the Pledge Form & send in...**

⇒ Scan/Email to [susansd@speakingout-csa.com](mailto:susansd@speakingout-csa.com)

⇒ or Mail to SpeakingOut, P.O. Box 5826, Oak Ridge, TN 37831

**Thank You for Your Support!**  
**We look forward to Making A Difference**  
**in 2011 with your help.**



SpeakingOut against Child Sexual Abuse

### My 2011 Monthly Pledge or One-Time Donation will be sent via:

\_\_\_\_\_ Check/Money Order by Mail made payable to SpeakingOut; P.O. Box 5826, Oak Ridge, TN 37831

\_\_\_\_\_ Online at [www.speakingout-csa.com](http://www.speakingout-csa.com); PayPal Donate Button

## Radio Program on Community Issues

On December 22, 2010, the President/Founder of SpeakingOut had the opportunity to be a Guest on a Radio Program on Community Issues. This was a great opportunity to continue working toward SpeakingOut's Mission of raising awareness on Child Sexual Abuse all across America. Thank you for inviting us to be on your program. We look forward to coming back to Louisiana!

**KAYT-FM (88.1)**

**Alexandria, Louisiana**

**Hosts of Re-Entry Radio Program: Candy Christophe & Michael Wynne**



**From Left to Right...**

**Candy Christophe**  
Christophe Counseling  
**Susan Suafoa-Dinino**  
SpeakingOut



**Michael Wynne**  
Probation & Parole

Radio Program on Community Issues (DOC Re-Entry Radio in Alexandria, LA) is currently seeking nationally-recognized Speakers who address Community Issues.

If you would like to be a Guest on this Radio Program and can go to Alexandria, LA at some point this year, please contact Mr. Wynne as follows...

**Michael Wynne**  
**(318)767-6263**

or Send Email to  
[mwynne@corrections.state.la.us](mailto:mwynne@corrections.state.la.us)

**"Today was a very nice "Christmas present" of sorts! Susan Suafoa-Dinino, the National Director of "SpeakingOut against Child Sexual Abuse, Inc." came all the way down from "cold" Oak Ridge Tennessee just to be on our own DOC "Re-Entry Radio" program. Her special visit here was even featured in a brief Alexandria Town Talk article, as well as in that organization's journal. Susan gave a TERRIFIC talk on the program today. I thought that I pretty much knew a lot about child sexual abuse, but she covered several issues that were new and useful to me to know. She had so much more to say on child sexual abuse, that she plans to return in May and we will schedule her to be on "Re-Entry Radio" again. Susan, it was a great honor and pleasure to meet you. I know of no one more knowledgeable or energized to talk on this critically important subject as you." --Michael Wynne, Probation & Parole Supervisor, Alexandria, LA (12/22/10 Re-Entry Radio Program, KAYT-FM, 88.1, Alexandria, LA)**

# **“A Safe Place” Workshop Coming Soon!**

## **Mark Your Calendars!**

### **“A Safe Place” Workshop** **[Child Sexual Abuse Awareness & Prevention]**

**Saturday, April 16th**  
**Oak Ridge, TN**

We are expecting a very Special Guest in from Nigeria...

***Princess Olufemi-Kayode***

Find out more about her at...

<http://www.ashoka.org/fellow/4369>

[http://ponder.waldenu.edu/c/ponder\\_27762.htm](http://ponder.waldenu.edu/c/ponder_27762.htm)

**More Details on this upcoming Workshop Coming Soon!**

## **April... National Child Abuse Prevention Month!**

**Also during the month of April, SpeakingOut will be a  
Partner of “The National Stop The Silence Campaign”**



## **Other Events in the Works**

We are currently in the process of scheduling a number of Events this year...  
Wonderful Opportunities to Raise Awareness on the Crime of Child Sexual Abuse  
in an effort to aid in Prevention. We will keep you posted as details are finalized.

Here is a list of some of the things we are currently working on...

**Month of June ... Guest on Radio Program on Community Issues in Alexandria, LA (KAYT-FM)**

**Month of June ... “A Safe Place” Workshop in Jackson, MS**

**Month of September... Information Table @ Ed Fest 2011 in Tellico Plains, TN**

**Month of November... “A Safe Place” Workshop in Honolulu, HI**

**And Much More throughout the Year!**



# Sponsors of This Month's Newsletter

If the **unthinkable** happened  
to someone you love...

Would you know what to do?

Would they?

Maybe it's time we started talking about it.

## Some Secrets Hurt



a picture book for all ages

Available at [Amazon.com](http://Amazon.com) and [barnesandnoble.com](http://barnesandnoble.com)

**Prevent Sexual Abuse.  
Start talking.**

**Find out more at [www.somesecretshurt.com](http://www.somesecretshurt.com)**

## Become a Sponsor of SpeakingOut News!

**Advertise in  
SpeakingOut News  
for only \$10....**

**Advertise Your Agency,  
Company, Event, Book, etc...**

For a \$10 donation, you can become a Sponsor of one month's issue of SpeakingOut News. This in turn allows you the opportunity to place an ad in our newsletter. Advertise one time, monthly or periodically... you decide.

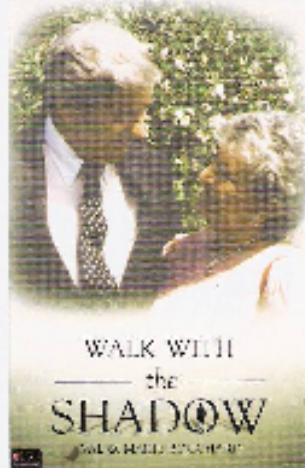
SpeakingOut News is generally distributed by the end of each month, or the very beginning of the month for that month's issue.

Your Donation & Ad must be received by the 20th of each month.

Approval of your ad is required & must be obtained from SpeakingOut prior to placement.

**Email your Ad today to  
request approval &  
become a Sponsor of  
SpeakingOut News.**

## Walk with the Shadow



Unaware of the warning signs, Val Bruneau suffered a massive heart attack. After a frantic rush to the hospital and a devastating prognosis, Val and his wife, Marie, prepared themselves for the worst. But they didn't know that was only the beginning. Six years later Val was told there was nothing more the doctors could do for him. He was moved out on respirators, and doctors expected a quick demise. But with his heart failing him again, Val became a candidate for a heart transplant and was told he would be in the hospital until he either died or received a new heart.

Told from both Val and Marie's perspectives, 'Walk with the Shadow' vividly depicts one family's struggle for life. Through the painful experience, Marie and Val cling to their faith in God to carry them through. Marie witnessed many miracles and realized her calling to help others who are suffering. 'Walk with the Shadow' demonstrates the miracles that God bestows and is a poignant reminder of the treasure life is.

for more information or to place an order, contact:

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[www.tatepublishing.com/books.htm](http://www.tatepublishing.com/books.htm)  
888.944.2424

SpeakingOut

against Child Sexual Abuse, Inc.

[A 501(c)(3) Non-Profit Organization]

**Susan Suafoa-Dinino**

(President/Founder)



SpeakingOut against Child Sexual Abuse

**Contact #:**

865-230-8600

**Email:**

susansd@speakingout-csa.com

**Mailing Address:**

P.O. Box 5826

Oak Ridge, TN 37831

SpeakingOut

**NOW ON FACEBOOK!**

SpeakingOut against Child Sexual Abuse, Inc.

**NEW TO OUR TEAM!**

**Helen Wix**

Director/Board of Directors

**Melani Marquez**

Facebook Coordinator

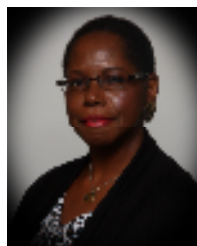
**Visit Our Website...**

[www.speakingout-csa.com](http://www.speakingout-csa.com)

**Follow Us on Twitter...**

[www.twitter.com/  
speakingoutcsa](http://www.twitter.com/speakingoutcsa)

## Message from Our Newest Volunteers!



"I was raped at age five and therefore, know firsthand the devastating effects of child sexual abuse. Although I have gone from sexual abuse survivor to Thriver, I don't want anyone to go through what I did. If I can help prevent this from happening to one person, then all my suffering will have been worth it. This is the reason I joined the Board of Directors. I admire Susan greatly for starting SpeakingOut. I am impressed with her professionalism and dedication." — **Helen Wix, Director/Board of Directors**



"As a survivor of child sexual abuse, I can certainly testify to the devastating effects sexual abuse can have on an individual and an entire family. Sexual abuse is like an evil curse and sin that will continue to perpetuate through generations, unless someone has enough courage to speak up against it. It is for that reason, I support the efforts of Susan and the SpeakingOut ministry because they really do hold true to what proverbs states, which is to speak up for those who can't speak up for themselves. To give a voice to those who have none or are too afraid or ashamed to fully shed light on this issue. President Kennedy once said in his civil rights speech that 'Those who do nothing are inviting shame, as well as violence. Those who act boldly are recognizing right, as well as reality.' I feel that this statement also speaks volumes for this cause. SpeakingOut is a bold and noble organization that I am proud to be affiliated with." — **Melani Marquez, Facebook Coordinator**