

"Speak up for those who cannot speak for themselves..."

Proverbs 31:8

We are currently experiencing issues with our Main Phone Line (865-230-8600). Until this issue is resolved, please contact us at...

865-230-6059

### Inside this Issue:

A Survivor is SpeakingOut	2
Featured Corporate Sponsor	2
Update on Events	3
Make a Difference in 2013	4
Sponsors of this Month's Newsletter	5-6
Become a SpeakingOut News Sponsor	6
Volunteer Position Update	7
SpeakingOut Team	7
SpeakingOut Contact Information	7



SpeakingOut against Child Sexual Abuse

# Speaking Out News

February 2013

### SpeakingOut

#### against Child Sexual Abuse. Inc.

[A 501(c)(3) Non-Profit Organization]

### Child Sexual Abuse Awareness & Prevention

We also Touch on Healing!

#### **SpeakingOut on Behalf Of**

All Children who have ever been (Child & Adult Survivors), are being or will be sexually abused.

#### **Primary Purpose**

Raise Awareness on Child Sexual Abuse in an effort to Aid in the Prevention of this Horrific Crime

#### Vision

Raise Awareness all Across America

#### **Primary Focus**

On the Home (Parents & Grandparents) "Child Safety begins at Home"

#### **Other Focal Points**

Churches, Daycares/Caregivers, Schools, Healthcare Professionals & Anyone who works with/around Children

#### **Available For**

Speaking Engagements
CSA Awareness/Prevention Workshop called "A Safe Place"
Information Table Set Up

#### **Presented From**

A Parent's Perspective and in some areas, a Survivor's Perspective

America... A Safe Place for Children!

### **Contribution Statements Mailed**

### **2012 Charitable Contribution Statements**

were mailed out to all Donors during the month of January. If for some reason you have not received your expected Charitable Contribution Statement for 2012, please let us know.

### Thank you for your support in 2012! We Appreciate You!

Please include SpeakingOut in your 2013 Giving as well. We need your support again this year in order to continue with our Mission & Vision for SpeakingOut.

Page 2 SpeakingOut News

### A Survivor is SpeakingOut

### The Monster's Boys

The innocence of a boy, Only a monster can destroy. Who will ever believe them? This doesn't happen to men. Now just shadows on the wall, They hide the truths that they recall. Suffering alone from unspeakable crimes, They cannot remember any better times. Boys that have grown into fragments of men, Their innocence questioned again and again. Questions of who or what to be, Now invade their sanity. With suicide rates through the roof, The innocent shall bear the burden of proof. You never thought this could happen to men, But it happens to more than one in ten.

### Also from the Author of "The Monster's Boys"

"\*\*\*The Monster's Boys is a poem inspired by an episode of Oprah. 200 men stood together on her show who were sexually abused as children. These courageous men told their stories and it was chilling. It made the statistic of 1 in 6 very real to me. Although I know all of our pain is the same when it comes to child molestation, I also realize that men deal with some additional challenges. I just wanted to acknowledge the men who suffer with us."

Poem on Page 15 of the following book: "The Monster's Game" A Poetic Look into the Child Behind the Mask of a Survivor Written and Illustrated by @LITTLEGIRL413

Written Permission obtained from Author & Publisher on the publication of this Poem in SpeakingOut News.

### Featured Corporate Sponsor



### Thank You for Your Support!

Helping us continue moving forward with our Mission & Vision... Child Sexual Abuse Awareness & Prevention...all across America!

### **Update on Events**

### LaunchPoint

(A Program of Knox Area Rescue Ministries)

"LaunchPoint is a four-week program designed to help homeless men and women begin a new life journey. Ultimately, Launch-Point is about restoring hope - reconnecting the individual to the dreams that he or she once had but were lost when the individual's life path went off track. During the four-week period, a class of 30 participants begin discovering God's plan and purpose for their lives, develop their own life plan with realistic goals, and learn to implement their life plan in manageable steps." (Source of Information: http://karm.org/index.php/Join-Us/launchpoint.html)

SpeakingOut has now had the pleasure of spending time with 3 different LaunchPoint groups since August 2012... August 9th, November 7th & January 16th of this year. These particular SpeakingOut Presentations focus on looking at the trauma (regardless of what that is for each of us personally) that may have occurred in our lives (i.e. Child Sexual Abuse, Physical Abuse, etc...) as a way to turn around and use those horrible life experiences to help others. When we go through something traumatic, as hard as it is to deal with at that time & possibly currently, we become very knowledgeable on that issue, subject, crime, etc... The pain we have and may still be experiencing has not been for nothing if we are able to pick ourselves back up and fight against (not in the literal sense) that very "thing" that tried to destroy us; tried being the key word. There is some healing in removing some of the focus from ourselves & using some of that pain and knowledge to make a difference in the lives of others. In my experience... People tend to listen to people who have been where they are. ~Susan Suafoa-Dinino, President/Founder of SpeakingOut



Clark Stevens, PhD
LaunchPoint Program Director
Susan Suafoa-Dinino
SpeakingOut President/Founder

"Thank you, Susan, for your kind and compassionate approach to addressing child-hood trauma. Your honest, straight forward approach allowed many participants in our program to break their bondage to secrecy as they revealed painful life experiences with each other. At the end of our four week program, many individuals stated your conversation with them made a lasting impact on their lives. I look forward to your continued participation with our program." ~Clark Stevens, Ph.D., Launch-Point Director, Knox Area Rescue Ministries (In reference to August 9th SpeakingOut Presentation to LaunchPoint Group)

Next SpeakingOut LaunchPoint Presentation Wednesday, March 6th

### **Coming Soon...**

SpeakingOut Recipe Book
Start gathering your Favorite Recipes to be included. More Information Coming Soon!

### Coming in April...

We are currently seeking a location in Tennessee to hold a Child Sexual Abuse Awareness & Prevention Workshop on either Saturday, April 13th or Sunday, April 14th. We are looking at the possibility of holding this 1/2 day event in Knoxville, Oak Ridge, Maryville, Alcoa, Nashville or surrounding area in Tennessee. We will need a room with tables & chairs that can accommodate up to 30 attendees, and will also need space for a sign in table, an information table, and a refreshment table. In addition, the room will need to have an AV screen so that we can display our powerpoint presentation. If you or anyone you know has a building or room that can be donated for this purpose, please contact us at 865-230-6059 or email susansd@speakingout-csa.com.

Page 4 SpeakingOut News

### Make a Difference in 2013

Child Sexual Abuse Awareness & Prevention is imperative for the safety of children of all ages all across America. Every time any Adult (Parent, Grandparent, Teacher, Caregiver, Healthcare Professional etc...) gets educated on this topic, that in turn gives them the confidence & tools needed to raise awareness with children...and children need to know the dangers out there. Unfortunately, we do not live in a society where we can just ignore this violation against children. It's too rampant!

Besides...every One Child is worth our efforts.



It is estimated that...

### 1 in 5 Boys & 1 in 3 Girls



will be sexually violated in some way by the time they turn 18 years old.

The Sexual Abuse of a Child, regardless of their age, is the *Ultimate Violation & Betrayal of a Child*It is also a Crime!

Each & Every One Child Matters; worth our Time, our Efforts & even our Money

As a Non-Profit Organization, we rely on Caring People Like You to work toward our Mission; Your Charitable Contributions allow us to continue to move forward in the fight against this crime.

We Need Your Support in 2013.

Regardless of whether you can commit to \$2 a month, \$5 a month, \$10 a month or more... Every dollar YOU contribute helps us continue working toward our Mission. There is no \$\$\$ amount too large or too small.

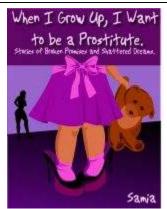
Please consider SpeakingOut for a Monthly or One-Time Donation in 2013. PLEDGE TO STOP CHILD SEXUAL ABUSE TODAY!

### TOGETHER...

We Can & Will Continue Making A Difference in the Lives of Children, as well as in the lives of Adult Survivors of Childhood Sexual Abuse!

Page 5 SpeakingOut News

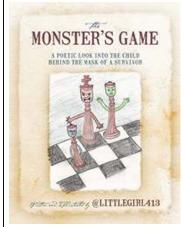
### **Sponsors of this Month's Newsletter**



"When I Grow up I want to be a Prostitute" is a collection of fictional stories and events surrounding three young girls exposed to sex abuse in the early part of their life and what became of their futures and outlooks on life. The purpose of this book is to open a much needed dialogue about the negative effects of Childhood Sex abuse and how it affects young girls, their future potential, hopes, and opportunities."

"Samia has been working in the Social Service field for over 20 years. As an energetic teen, Samia began volunteering in the community wanting to make a difference in the lives of others. She began her career path by obtaining her Bachelor's degree in Psychology in 1995 from Central State University in Wilberforce, Ohio and has gone on to complete a Masters in Human Resources with a specialization in Non-Profit Management. Her experience includes working with families, young adults, and senior citizens as a Social Worker, Case Manager, and Teacher. In pursuit of her desire to help someone Samia founded the AS I AM Girls Club, a 501c3 non-profit organization that provides open forums and positive activities for young girls ages 11-17 including coaching, including open discussion groups, a Pen Pal program, travel club, workshops and seminars."

"For more information about *Samia*, she can be reached via email at asiamgirlsclub@yahoo.com. She also maintains general information at her website asiamgirlsclub.org."



#### Obtained from Back Cover of Book...

"No more sweeping the "dirty little secrets" under the rug!

The Monster's Game takes you on an emotional and heartbreaking, yet powerful journey from the author's early childhood where she had been sexually abused, to almost 50 years later to the mother, grandmother, wife, sister, daughter and friend who still struggles with the effects of that abuse. Through the use of poetry, she breaks her silence and speaks out about her abuse and the abuse of children everywhere. Littlegirl413 emerges as strong and triumphant as she delivers punch by punch blows to her abusers and those who turn a blind eye. This book should be an awakening to people everywhere about the devastation caused by child sexual abuse. It is a call to action as it screams for the child to be heard and validated.

Littlegirl413 chooses to remain anonymous due to the pressures of society and family to hide the shame of being sexually abused from age 4 to about 16. Her goal is not to gain sympathy for her pain, but to generate support for those who are less fortunate than she. It is her dream to shed a spotlight on this terrible silent epidemic throughout the world and end child sexual abuse forever. Maybe one day no child will have to remain anonymous and hide behind a mask of shame."

#### Purchase "The Monster's Game" at:

OUTSKIRTS PRESS: http://outskirtspress.com/bookstore/9781432797645.html

AMAZON: http://www.amazon.com/dp/1432797646

BARNES & NOBLE: <a href="http://www.barnesandnoble.com/w/the-monsters-game-littlegirl413/1112793365?">http://www.barnesandnoble.com/w/the-monsters-game-littlegirl413/1112793365?</a>

Page 6 SpeakingOut News

### Sponsors of this Month's Newsletter - Continued



George H. Ball, Jr. 8840 Madison Blvd Suite D.(upstairs) Madison Al 35758 (Next to Pizza Hut)

Tel: 256-542-1873
Mon-Fri 5:30pm-9:00pm Sat10:00am-7:00pm
10% Discount with Military ID or Student ID

### Become a SpeakingOut News Sponsor

### Advertise in SpeakingOut News for only \$10....

Advertise Your Agency, Company, Event, Book, etc...

For a \$10 donation, you can become a Sponsor of one month's issue of SpeakingOut News. This in turn allows you the opportunity to place an Ad in our newsletter. Advertise one time, monthly or periodically... you decide.

Our monthly eNewsletters are not only distributed by email, but available in our website and all 3 of our Social Networking Sites... Facebook, Twitter & Linked In.

SpeakingOut News is generally distributed by the end of each month, or within the 1st couple of weeks of that month's issue. Your Donation & Ad must be received by the 25th of the month. Approval of your ad is required & must be obtained from SpeakingOut prior to placement.

### Email your Ad today to request approval & become a SpeakingOut News Sponsor.

Ad placement in SpeakingOut News (monthly eNewsletter) does not necessarily constitute endorsement of advertised information, products or services by SpeakingOut against Child Sexual Abuse, Inc. (aka SpeakingOut).

Becoming a SpeakingOut News Sponsor simply means newsletter sponsorship in exchange for Ad placement.

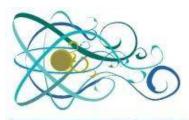


### against Child Sexual Abuse, Inc.

[A 501(c)(3) Non-Profit Organization)]

### **Susan Suafoa-Dinino**

(President/Founder)



SpeakingOut against Child Sexual Abuse

#### Contact #:

865-230-8600

#### Email:

susansd@speakingout-csa.com

### **Mailing Address:**

P.O. Box 5826 Oak Ridge, TN 37831

## America... A Safe Place for Children!

To access all previous Issues of SpeakingOut News, visit our Website (Home Page).

### Visit Our Website... www.speakingout-csa.com

Follow Us on Twitter Join Us on Facebook Connect with Us on Linked In

To find us on Twitter, Facebook & Linked In, visit our Website's Home Page and click on the desired link.

We are currently experiencing issues with our Main Phone Line (865-230-8600). Until this issue is resolved, please contact us at... 865-230-6059

### **Board Members**

Susan Suafoa-Dinino (TN) susansd@speakingout-csa.com Samantha Stewart (U.S.) samantha@speakingout-csa.com Gayle D'Ambrosio-Crabtree (TN) MeLisa Collins (GA)

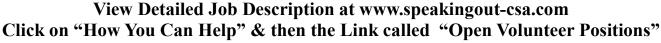
### **Non-Board Member Volunteers**

Melani Marquez (HI) melani@speakingout-csa.com Anthony Suafoa (HI) anthony@speakingout-csa.com

### **Volunteer Position Update**

Director (Board of Directors) - Position has been filled Project Coordinator (SpeakingOut Recipe Book) - Position Tentatively Filled

Outreach Coordinator (Linked In) - Open Volunteer Position





Outreach Coordinator-Linked In... (Apply by March 15, 2013)



(HR Application available on same website page with Job Description as referenced above)

\* Applicants Must be at least 18 Years of Age and Reside in the U.S. \*